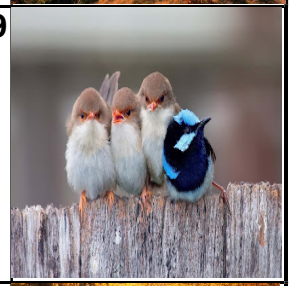
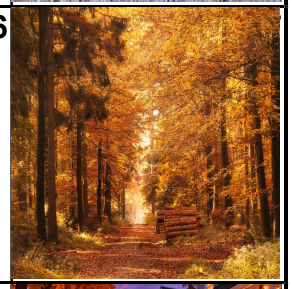
October 2026

Let's have a spooktacular month

WINTER SPRINGS ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9am Checkers 10am Sit and Be Fit 11am Simon Says 1pm Daily News 2pm BINGO 4pm Happy Hour	2 9am Craft Project 10am Workout 11a What Am I? 1pm News To Know 2pm Sensory Game 4pm Music Time	
	5 9am Dominoes, Crafts 10am Sit and Be Fit 11am Art Program – AdventHealth 1pm Daily News 2pm Favorite Ways to Relax- Health Talk 4pm Beachball	6 9am Match Game 10am Workout w/ Pat 11am Today's News 1pm Finish the Phrase 2pm Meditation 4pm Sing Along	7 9am Coffee Chat 10am Movin' and Groovin' 11am Hit The Bucket 1pm Soup for the Soul 2pm St. Stephen's Spiritual 4pm 1950's Trivia	8 9am Card Games 10am Chair Exercise 11am Fill in the Blank 1pm Trivia 2pm Taste test challenge 4pm Word games	9 9am Match game 10am Sit and Be Fit 11am Elsie Plays 1pm Price is Right 2pm Pool Noodle 4pm Inspirational Music	
	12 9am Balloon Toss 10am Chair Yoga 11am Client Art Show 1pm Bowling 2pm Sing along 4pm Word Games Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	13 9am Card Games 10am Chair Exercise 11am Fill in Blank 1pm Interesting Trivia 2pm Beach Ball 4pm Word games	14 9am Puzzles, Art 10am Gospel Workout 11am Hot Potato 1pm World Records 2pm St. Stephen's Spiritual 4pm Favorite Tunes	15 9am Table Games 10am Workout w/ Paul 11am ***Client Meeting*** 1pm Flower Art 2pm Bingo 4pm Beach Ball	16 9am Crafts, Dominoes 10am Stretches 11am Bingo 1pm Elvis Trivia 2pm Name the Leaf 4pm Gentle Music	
	19 9am Balloon Toss 10am Chair Yoga 11am Art Program AdventHealth 1pm Bowling 2pm Sing along 4pm Word Games	20 9am Puzzles 10am Lyrical Movement 11am Volley That Ball 1pm Fall Health Tips 2pm Inspirational Stories 4pm Match Game	21 9am Dominoes 10amWorkout w/Patty 11am Pass the Balloon 1pm Favorite Movie 2pm St. Stephen's Spiritual 4pm Finish Xmas Crafts	22 9am Puzzles, Crafts 10amLeg Workouts 11amNews To Know 1pm Pass The Noodle 2pm What's Your Sign 4pm Reggae Music	23 9am Ring Toss 10am Workout w/Marie 11am Bingo 1pm Elvis Trivia 2pm Pumpkin Recipes 4pm Jazz Music	
	26 9am Art, Dominoes 10am Fitness Class 11am Favorite Halloween Costumes 1pm Volley That Ball 2pm Baseball Trivia 4pm Relaxing Music	27 9am Puzzles & Crafts 10am Lyrical Movement 11am Volley That Ball 1pm Chicken Soup Stories 2pm Name That Apple 4pm Match Game	28 9am Dominoes, Etc 10am Movin' and Groovin' 11am Group Art Proj 1pm Soup for the Soul 2pm St. Stephen's Spiritual 4pm 1950's Trivia	29 9am Match game 10am Sit and Be Fit 11am Music by Elsie 1pm Price is Right 2pm Pool Noodle 4pm Inspirational Music	30 9am Art, Puzzles 10am Dance Party 11am This day in History 1pm Finish the Phrase 2pm Meditation 4pm Sing Along	

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