October 2026

Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9a Classical Music 10am "Remembering Julie Andrew Songs" 11am Seated Exercise 1pm Spirituality w/Deacon Juan 2pm Monthly Gazette 4pm October Birthday Poems	2 9a Discuss & Recall "Little Women" 10a Bible Trivia 11am Senior Fitness 1pm Virtual Tour – Magic Kingdom 2pm Connect 5 4pm Denim Through the Decades	3 Share the Care Maitland *Activities are Subject to Change Based on the Client's Needs & Interests* Simchat Torah Begins
4 SHARE theCARE	5 9am Table Talk Tidits 10a Inspirational Reading 11am Balance Exercise 1pm Music and Memory 2pm "McDonald's – Fun Facts 4pm Fall Arts & Crafts	6 9a Morning Laughter 10a Prayer Session with Deacon Tony 11am Drumming Class with United Arts 1pm Humor Time 2pm Today in History 4pm Poetry Reading	7 9am Classical Music 10a Hymn Songs 11am Upper and Lower Body Stretch 1pm Ball Toss 2pm Brain Teaser 4pm Word Scramble and Puzzles	8 9a Gospel Music 10am Favorite Things 11am Chair Exercise 1pm Prayer Service w/Deacon Juan 2pm "Whale" Category Puzzle 4pm Finish the Line	9 9am Dominos 10a Pledge and Prayer 11am Seated Workout 1pm Drama Play "Shaping What Matters" 2pm Bingo Card 4pm Sing to the Beatle Songs	10
11 **Center Hours** **Monday-Fridays** **7:00am** **to** **6:00pm**	12 9am Current Events 10a Reflect & Meditate 11am Chair Exercise 1pm Indigenous People's Day Trivia 2pm Daily Chronicles 4pm Name That Tune Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	13 9am Coffee Chat 10a Prayer Session with Deacon Tony 11am Drumming Class with United Arts 1pm Remembering 1970s Music 2pm "Who am I?" 4pm Jigsaw Puzzles	14 9am Morning Trivia 10a Inspirational Reading 11am Senior Fitness 1pm Drama Play- "Boo Who?" 2pm Food for Brain Health w/AD 4pm Target Toss	15 9a Discuss & Recall 10am 90s Playlist 10am Brain Games w/Televeda 1pm Spirituality w/Deacon Juan 2pm Karaoke Fun 4pm Balloon Volleyball	16 9am Classical Music 10a Bible Discussion/Trivia 11am Body Stretch 1pm "All About Cadillac" 2pm Identifying Numbers 4pm Family Feud	17
18 **Breakfast** **7:30am – 9:30am** **Lunch** **12pm – 1pm** **Snack** **3pm – 4pm**	19 9am Table Talk 10a Pledge and Prayer 11am Chair Balance Exercise 1pm Salsa Dance 2pm Short Story "Trudy and the Bat House" 4pm Category Puzzles	20 9am Gospel Music 10a Prayer Session with Deacon Tony 11am Drumming Class with United Arts 1pm Daily Chronicles 2pm Travelogue – New Zealand 4pm Poetry Reading	21 9a Meet and Greet 10a Morning Devotions 11am Upper and Lower Body Stretch 1pm Fall Décor and Arts 2pm Family Feud 4pm Disco Dance Session	22 9a Current Events 10am Karaoke Fun 11am Chair Exercise 1pm Prayer Service w/Deacon Juan 2pm Comedy Clips and Shows 4pm Today in History	23 9am Dominos 10a Inspirational Reading 11am Senior Fitness 1pm Arts and Crafts Member's Meeting 2pm Bingo Card 4pm Jokes and Riddles	24
25 Physical & Spiritual Expressive & Sensory Cognitive, Social & Community	26 9am Sing Along to the Hymns 10a Reflection and Meditation 11am Seated Workout 1pm Jokes and Riddles 2pm Today in History 4pm Mini Golf	27 9am Coffee Chat 10a Prayer Session with Deacon Tony 11am Drumming Class with United Arts 1pm Balloon Volleyball 2pm History of Classic Monster Movies 4pm Reminisce	28 9am Morning Trivia 10a Inspirational Reading 11am Senior Fitness 1pm Daily Chronicles 2pm History of Jack-o-Lantern 4pm Pumpkin Arts and Crafts	29 9a Discuss & Recall 10am Seated Exercise 11am Zoom Bingo w/Televeda 1pm Spirituality w/Deacon Juan 2pm Jeopardy Trivia 4p "Would You Rather?" Halloween Edition	30 9am Gospel Music 10a Pledge and Prayer 11am Ghoulishly Funny Riddles 1pm Costume Party 2pm Monthly Birthday Celebration 4pm Spooky Movie Clips	31 Halloween

Share the Care Maitland, 710 Spring Lake Road, Altamonte Springs, FL 32701 407-831-9630 Director – Marty Woodall.