October 2026

College Park

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 930 Breakfast Talk 10a Creative Arts Pottery Program 1p Fall Decorating 2p Origin of Coffee 3:30p Fall Sing Along 4p Wisdom in Aging	2 930 Testimony Time 10a Sign Language w/Gaby 11a World News Headlines 1p Would you Rather 2p October Trivia 3:30p Guess the Candy 4p Farm Animal Songs	3 All activities are subject to change due to client needs, interests & Weather. Simchat Torah Begins
4 SHARE theCARE™	5 930 Positive News 10a Dance in Your Seat 11a Evolution of TV 1p Magazine Hunt 2p Electric Cars 3:30p Honor Teachers 4p Funky Music Dancing	6 930 Finding Purpose 10a Creative Arts Pottery Program 1p Balloon Toss 2p Spooky Characters 3:30p Sign Language 4p Types of Noodles	7 930 Brain & Body Wake 10a Chair Yoga 11a Communicate Peace 1p Spanish w/Gaby 2p Female Trailblazers 3:30p Poetry Time 4p Summer vs. Fall	8 930 Garden Walk 10a Exercise w/Bibi 11a Collage Project 1p BINGO! 2p Conspiracy Theories 3:30p What is Mofongo? 4p Who is Leif Erikson?	9 930 Forgive & Release 10a Ring Toss 11a Halloween Trivia 1p Fire Prevention 2p Pumpkin Tasting Foods 3:30p Sneaker History 4p Nurse Stories	
11 Center Hours Mondays to Fridays 7:00am to 6:00pm	12 930 Food for the Soul 10a Exercise w/Lilly 11a Columbus Day Facts 1p Patio Games 2p Indigenous People Day 3:30p Farmer News 4p Canadian Thanksgiving	13 930 Breakfast Talk 10a Creative Arts Pottery Program 1p Bowling 2p Friday 13th Myths 3:30p 2 Truths/1 Lie 4p Southern Food Facts	14 930 Food for the Soul 10a Exercise w/Bibi 11a Favorite Fall Traditions 1p Pictionary 2p Ways to say I Love You 3:30p Music of Love 4p Celebrate Desserts	15 930 Morning Blessings 10a Bucket Ball 11a Outside Arts/Crafts 1p Bone Health w/Hilda 2p Facts of October 3:30p Fried/Baked Food 4p Story of Lucille Ball	16 930 Brain & Body Wake 10a Chair Zumba w/Gaby 11a Caring for Fall Plants 1p Name That Tune 2p The Mathing Game 3:30p American History 4p Allergy Awareness	INTERNATIONAL DAY FOR THE eradication of poverty 17 October
18 Breakfast: 7:00a-9:30a Exercise: 10:00a Lunch: 12:00pm Snack: 3:00pm Nails: 7th, 22nd	19 930Inspirational Word 10a Simon Says 11a Halloween Arts 1p New York Trivia 2p Alternative Lives 3:30p Client Council Mtg. 4p Checking In w/Life	20 930 New Life Start 10a Ring Toss 11a Talent Show 1p Halloween Charade 2p Fall Recipes 3:30p Gardening 4p Writing a Story	21 930 Daily Chronicles 10a Catch the Ball 11a Recycled Styles 1p Halloween Movie Facts 2p Tea Party 3:30p BINGO! 4p Pumpkin vs Sw.Potato	22 930 Positive News 10a Exercise w/Lilly 11a What is a Wombat? 1p Spell the Word 2p Dear Abby 3:30p Favorite Colors 4p Importance of Unity	23 930Reduce Stress 10a Bowling 11a Important Skin Care 1p Telephone Game 2p Finish the Lyrics 3:30p Talk Show Hosts 4p Organize an Event	24
	26 930 Patio Praise 10a Beah Ball Kickball 11a United Nations Facts 1p Taboo 2p Halloween Traditions 3:30p Apple Tasting 4p Mule or Horse?	27 930 World News 10a Walk in the Garden 11a Paper Ghost Craft 1p Spider Facts 2p Would You Rather 3:30p Who Am I? 4p Guess the Price	28 930 Morning Blessings 10a Exercise w/Gaby 11a Name the Brand 1p 1st Responder Stories 2p Favorite Chocolate 3:30p Word Association 4p Knock Knock Jokes	29 930 Just Breathe 10a Table Top Games 11a Matching Game 1p Vietnam War Facts 2p City of Cassadaga 3:30p Magic Tricks 4p Where Am I?	30 930 Gratitude Circle 10a Halloween Painting Fun 11a Frankenstein Facts 1p Famous Witches 2p Thriller Dance 3:30p Who Am I (Halloween Edition) 4p Trick or Treat	

Indigenous Peoples' Day
Columbus Day (U.S.)
Thanksgiving Day (Canada)