






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<p>1</p> <p>9:30a-11:00a Brain & Body Wake Up</p> <p>12:00p-5:30p Canada Trivia Do you now your Coffee? Classical Music <small>Canada Day</small></p>	<p>2</p> <p>9:30a-11:00a Brain & Body Wake Up</p> <p>12:00p-5:30p Pet Stories Babble Zen Music</p>	<p>3</p> <p>9:30a-11:00a Brain & Body Wake Up</p> <p>12:00p-5:30p Firework Art Stop & Go Do you Remember? Band Beats</p>	<p>4</p> <p>Independence Day CENTER CLOSED</p>	<p>5</p> <p>9:30a-11:00a Brain & Body Wake Up</p> <p>12:00p-5:30p Words of Wisdom Dance Off Add It Up Line Dances</p>	<p>6</p> <p>Brain & Body Include: Yoga, Stretching, Meditation, Tai Chi, etc.</p>	
<p>7</p> <p><i>All activities subject to change based on client interest/needs</i></p>	<p>8</p> <p>9:30a-11:00a Brain & Body Wake Up</p> <p>12:00p-5:30p Summer Yums Duo Sing A Long</p>	<p>9</p> <p>9:30a-11:00a Brain & Body Wake Up</p> <p>12:00p-5:30p Wheel of Fortune Show Off Poetry Open Mic Neo Soul Music</p>	<p>10</p> <p>9:30a-11:00a Chapel Brain & Body Wake Up</p> <p>12:00p-5:30p Committee Meeting Dessert Trivia Name It Stage Play</p>	<p>11</p> <p>9:30a-11:00a Brain & Body Wake Up</p> <p>12:00p-5:30p Guess Who Karaoke Spin Wheel Mix Pop Music</p>	<p>12</p> <p>9:30a-11:00a Brain & Body Wake Up</p> <p>12:00p-5:30p A Day Out Happy Hour Water Works</p>	<p>13</p> 	
	<p>14</p> <p>9:30a-11:00a Brain & Body Wake Up</p> <p>12:00p-5:30p Flash Memory Drama Club Step by Step Movie Themes</p>	<p>15</p> <p>9:30a-11:00a Brain & Body Wake Up</p> <p>12:00p-5:30p Baby Love Fuel Up Captain Chat</p>	<p>16</p> <p>9:30a-11:00a Brain & Body Wake Up</p> <p>12:00p-5:30p Peace The Dog Visits Obstacle Course Q&A Country Gospel Music</p>	<p>17</p> <p>9:30a-11:00a Brain & Body Wake Up</p> <p>12:00p-5:30p Bust-a-Gut Weather Trivia Let's Cook Reba Music</p>	<p>18</p> <p>9:30a-11:00a Brain & Body Wake Up</p> <p>12:00p-5:30p Domino Tournament Sing A Long Instrumental Music</p>	<p>19</p> <p>9:30a-11:00a Brain & Body Wake Up</p> <p>12:00p-5:30p Domino Tournament Sing A Long Instrumental Music</p> 	
	<p>20</p> <p>9:30a-11:00a Brain & Body Wake Up</p> <p>12:00p-5:30p Book Club Musical Chairs Money Talks R&B Music</p>	<p>21</p> <p>9:30a-11:00a Brain & Body Wake Up</p> <p>12:00p-5:30p Ladies' Club of Beauties: Spa Day Father Abraham Reflection Jazz R&B Music</p>	<p>22</p> <p>9:30a-11:00a Brain & Body Wake Up</p> <p>12:00p-5:30p Parade Chitty Chatter I wish... Carnival Music</p>	<p>23</p> <p>9:30a-11:00a Brain & Body Wake Up</p> <p>12:00p-5:30p Men's Club ManCave: Car Show My Ride Easy Listening</p>	<p>24</p> <p>9:30a-11:00a Brain & Body Wake Up</p> <p>12:00p-5:30p Twister Wordle Bold & Brave</p>	<p>25</p> <p>CENTER HOURS: Monday-Friday 7:00a-6:00p</p>	
<p>26</p> <p>Meal Times: 7:00a-9:30a Breakfast 11:00a Lunch 2:00p Snack</p>	<p>27</p> <p>9:30a-11:00a Brain & Body Wake Up</p> <p>12:00p-5:30p My Design Taste of Cuba Act Out</p>	<p>28</p> <p>9:30a-11:00a Brain & Body Wake Up</p> <p>12:00p-5:30p Scrabble Buy A Ticket Cuban Music</p>	<p>29</p> <p>9:30a-11:00a Brain & Body Wake Up</p> <p>12:00p-5:30p Let's Cruise Stamp my Passport: To Cuba</p>	<p>30</p> <p>CONWAY July 2024</p>			<p>31</p>