

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

CONWAY May 2024

****All activities subject to change based on client interest/needs****

1
9:30a-11:00a
Brain & Body Wake Up

12:00p-5:30p
Rep Your Country
Meditation
Spring Trivia
Jazz Beats

May Day

2
9:30a-11:00a
Brain & Body Wake Up

12:00p-5:30p
Musical Chairs
My Story
Shadow Dance
AfroBeats

3
9:30a-11:00a
Open Up
Brain & Body Wake Up

12:00p-5:30p
Word Relay
Ching Chang
Flag Fingerpaint
Blues Music



6
9:30a-11:00a
Open Up
Brain & Body Wake Up

12:00p-5:30p
Cinco De Mayo Fiesta
Maraca Madness
Mariachi Music

7
9:30a-11:00a
Brain & Body Wake Up

12:00p-5:30p
Language Lessons
Win the Race
Let's Grill
Soca Music

8
9:30a-11:00a
Chapel
Brain & Body Wake Up

12:00p-5:30p
Committee Meeting
Rainbow Bingo
Neo Soul

9
9:30a-11:00a
Brain & Body Wake Up

12:00p-5:30p
Mother-May-I
Moody You
Summer Senses
Soca Music

10
9:30a-11:00a
Brain & Body Wake Up

12:00p-5:30p
Happy Hour
Ad Libs
Slap Jack
Pop Music



13
9:30a-11:00a
Brain & Body Wake Up

12:00p-5:30p
Momma Said...
Mother Mania
Matinée:
A Mother's Gift
Casual Music

14
9:30a-11:00a
Open Up
Brain & Body Wake Up

12:00p-5:30p
Ladies' Club of Beauties
Spilling the Tea
Baking Trivia
Classic Music

15
9:30a-11:00a
Brain & Body Wake Up

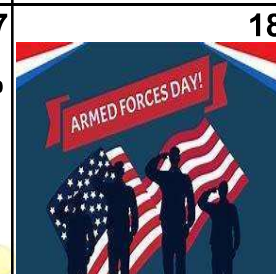
12:00p-5:30p
MAY Birthdays
Peace The Dog Visits
Connect Four
Motown Music

16
9:30a-11:00a
Brain & Body Wake Up

12:00p-5:30p
Words to Live By
Men's Club ManCave:
Tee Up
Military IQ
Country Music

17
9:30a-11:00a
Brain & Body Wake Up

12:00p-5:30p
Check-Up
Freaky Friday
Slip & Slide
80's Music



20
9:30a-11:00a
Brain & Body Wake Up

12:00p-5:30p
Language Lessons
Pocket full of Posies
Sweatin' to the Oldies

Victoria Day (Canada)

21
9:30a-11:00a
Brain & Body Wake Up

12:00p-5:30p
Garden Club
Choir Rehearsal
Go Fish
Gospel Music

22
9:30a-11:00a
Open Up
Brain & Body Wake Up

12:00p-5:30p
(1p) Center to Center:
Family Feud
Twister
50s Music

23
9:30a-11:00a
Brain & Body Wake Up

12:00p-5:30p
Sneaker Ball Thursday
Dish It
Checkers
R&B Music

24
9:30a-11:00a
Brain & Body Wake Up

12:00p-5:30p
Game Time
Beach Day
Back in the Day
Summertime Music



26
Center Hours:
Monday-Friday
7:00a-6:00p

Brain & Body Include:
Yoga, Stretching, etc.

27
CLOSED

MEMORIAL DAY

Memorial Day

28
9:30a-11:00a
Brain & Body Wake Up

12:00p-5:30p
Back to the Future
I Spy
Simon Says
Polynesian Music

29
9:30a-11:00a
Brain & Body Wake Up

12:00p-5:30p
Let's Go
Stamp my Passport:
To Bora Bora
Red Light, Green Light
Caribbean Music

30
9:30a-11:00a
Open Up
Brain & Body Wake Up

12:00p-5:30p
Get a Whiff
Fur Baby Fun
Memory with Cards
Rock Music

31
9:30a-11:00a
Brain & Body Wake Up

12:00p-5:30p
Spoken Word
Summer Trivia
Mirror Mirror
90's Music

Meal Times:
7:00a-9:30a
Breakfast
11:00a
Lunch
2:00p
Snack