

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 1 Brain & Body Wake Up 9:30a-11:00a 12:00p-5:30p Wacky Tacky Going to the Circus Foot Funnies Persian Music <i>All Fools' Day</i>	2 Brain & Body Wake Up 9:30a-11:00a 12:00p-5:30p Scavenger Hunt Who Play's You? Umbrella Art Country Music	3 Brain & Body Wake Up 9:30a-11:00a 12:00p-5:30p Casino Day Would you Rather Math Bingo Jazz Music	4 Brain & Body Wake Up 9:30a-11:00a 12:00p-5:30p Cheerleading Try Outs If you were... The Birds Reggaeton Music	5 Brain & Body Wake Up 9:30a-11:00a 12:00p-5:30p Language Lessons Carnival Trivia Punny April Soca Music	 6		
 7	8 Brain & Body Wake Up 9:30a-11:00a 12:00p-5:30p Matinée: <i>Herbie – The Love Bug</i> Kickball Game Match'm Rock Music	9 Brain & Body Wake Up 9:30a-11:00a 12:00p-5:30p Ladies' Club of Beauties – Diva Styles Words To Live By Lounge Music	10 9:30a- CHAPEL 10:00a- 11:00a Brain & Body Wake Up 12:00p-5:30p Peace The Dog Visits Spring Means To Me Gospel Music	11 Brain & Body Wake Up 9:30a-11:00a 12:00p-5:30p Men's Club: ManCave – Kings Court Words To Live By The Bees R&B Music	12 Brain & Body Wake Up 9:30a-11:00a 12:00p-5:30p Happy Hour Flower My Garden Go Fish Pop Music	13 Center Hours: Monday-Friday 7:00a-6:00p Exercise includes: Tai Chi, Stretching, Yoga, Meditation	
 14	15 Brain & Body Wake Up 9:30a-11:00a 12:00p-5:30p APRIL Birthdays Language Lessons Birthday Squares MoTown Music	16 Brain & Body Wake Up 9:30a-11:00a 12:00p-5:30p ABC with a Twist Lakeside Stories Social Butterfly Classical Music	17 Brain & Body Wake Up 9:30a-11:00a 12:00p-5:30p Committee Meeting Name that Print Giggles in the Garden Indian Music	18 Brain & Body Wake Up 9:30a-11:00a 12:00p-5:30p Karaoke Words of Wisdom Wobble Line Dance Music	19 Brain & Body Wake Up 9:30a-11:00a 12:00p-5:30p Bowling Sand Art Let's Surf Afro Beats Music	20 Meal Times: 7:00a-9:30a Breakfast 11:00a Lunch 2:00p Snack	
 21	22 Brain & Body Wake Up 9:30a-11:00a 12:00p-5:30p The Flowers Plant a Promise Tourist Trivia <i>Passover Begins</i> Honky-Tonk Music	23 Brain & Body Wake Up 9:30a-11:00a 12:00p-5:30p Pack a Bag Calgon Getaway Spring Says... Zen Music	24 Brain & Body Wake Up 9:30a-11:00a 12:00p-5:30p Stamp my Passport: To Paris Collect a Keepsake Soft Rock Music <i>Administrative Professionals Day</i>	25 Brain & Body Wake Up 9:30a-11:00a 12:00p-5:30p Volunteer Appreciation What's Bakin' ? The Trees Reggae Music	26 Brain & Body Wake Up 9:30a-11:00a 12:00p-5:30p Taste of France Fire Safety Trivia Color Bingo Blues Music <i>Arbor Day</i>	 27	
28 All activities subject to change based on client interest/needs	29 Brain & Body Wake Up 9:30a-11:00a 12:00p-5:30p Spelling Telephone Poetry Vine Fingerpaint Neo Soul Music	30 Brain & Body Wake Up 9:30a-11:00a 12:00p-5:30p Sock Hop Dance Catch & Release Elvis Music	National Poetry & Stress Relief & Volunteer Month <h1>April 2024</h1> CONWAY				