

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2023

## Activity Calendar

			<p>1 9am Current Events 10am Morning Fitness 11am November Monthly Gazette 1pm Fun Facts – Greenwich, England 2pm Games &amp; Puzzles 4pm Hawaiian Music</p>	<p>2 9am Table Talk 10am Spirituality 11am “Egg Jokes” 1pm Geography Session 2pm Books &amp; Authors 4pm Reminiscing and Sharing Stories</p>	<p>3 9am Dominos 10am Group Exercise 11am Fun Trivia 1pm History Session - Panama 2pm Piano Session with Lydia 4pm Bingo</p>	<p>4 </p>
<p>5 </p>	<p>6 9am Morning News 10am Morning Fitness 11am Table Talk Tidbits 1pm Today in History 2pm Travelogue - Japan 4pm Soul Music</p>	<p>7 9am Family Feud 10am Chair Cardio 11am Pop Trivia 1pm Laughter Show 2pm Bingo Cards and Reading Magazines 4pm Oldies but Goodies</p>	<p>8 9am Meet and Greet 10am Group Exercise 11am Sing-Along 1pm Geography Session 2pm Favorite Things and Places 4pm Poetry Reading</p>	<p>9 9am Morning Chat 10am Spirituality 11am Daily Chronicles 1pm Laughter and Riddles Time 2pm Pop Trivia 4pm mix and Match Games</p>	<p>10 9am Current Events 10am Morning Stretch 11am Spelling Bee 1pm Hymn Songs 2pm Jokes and Laughter 4pm Bingo Card and Reading Magazines</p>	<p>11  Veterans Day Remembrance Day (Canada)</p>
<p>12  Diwali (Hindi)</p>	<p>13 9am Meet and Greet 10am Chair Exercise 11am Sing-Along 1pm Diwali Day History 2pm Mix and Match Games 4pm Oldies but Goodies</p>	<p>14 9am Table Talk 10am Spirituality 11am Health and Wellness 1pm “America’s Funniest Video” 2pm Category Game 4pm Reminiscing</p>	<p>15 9am Coffee Chat 10am Armchair Exercise 11am Fun Facts 1pm U.S. Capitals 2pm Bingo Card 4pm Athletes and Celebrities</p>	<p>16 9am Family Feud 10am Spirituality 11am Jokes &amp; Riddles 1pm Movie Trivia 2pm Thanksgiving Arts and Crafts 4pm Discuss and Recall</p>	<p>17 9am Dominos 10am Group Exercise 11:30am-1:00pm <b>Thanksgiving Celebration</b> 2pm “The Price Was Right” 4pm Finish the Line</p>	<p>18  Yummy 😊</p>
<p>19 <b>Center Hours</b> Mondays - Fridays 7am -6pm</p>	<p>20 9am Morning News 10am Morning Fitness 11am Health Class with the Nurse 1pm Turkey Day Trivia 2pm Thanksgiving Crafts 4pm Game Shows</p>	<p>21 9am Family Feud 10am Chair Cardio 11am Trivia Session 1pm Favorite Thanksgiving Dish 2pm Piano Live Performance 4pm Story Telling</p>	<p>22 9am Meet and Greet 10am Group Exercise 11am Sing-Along 1pm Thanksgiving Trivia 2pm “Thankful Speeches” 4pm Thanksgiving Songs</p>	<p>23  Thanksgiving Day (US)</p>	<p>24 </p>	<p>25 <u>November Birthdays</u> 11/1 Monica K. 11/3 Donna P. 11/4 Ruth P. 11/6 Bill D. 11/13 Nayda R. 11/20 Harry C.</p>
<p>26 <b>Breakfast</b> 7:30am-9:30am <b>Lunch</b> 12pm-1pm <b>Snack</b> 3pm-4pm</p>	<p>27 9am Meet and Greet 10am Morning Stretch 11am Jokes &amp; Riddles 1pm Piano Session with Elsie 2pm Bingo Card 4pm Discuss and Recall</p>	<p>28 9am Table Talk <b>10am Televeda Zoom Bingo</b> 11am “True or False” 1pm Laughter Show 2pm Mix and Match Games 4pm 70s Music</p>	<p>29 9am Coffee Chat 10am Morning Fitness 11am Daily Chronicles 1pm Laughter and Riddles Time 2pm Arts and Crafts 4pm “Who and What Am I?”</p>	<p>30 9am Family Feud <b>10am Televeda Zoom Trivia</b> 11am Today in History 1pm Favorite Fruits 2pm History of Chocolate Mousse 4pm Dance Session</p>	<p><b>Share the Care Maitland</b> 710 Spring Lake Rd. Altamonte Springs, FL 32701 407-831-9630</p>	

\*Activities are subject to change to meet the client’s needs