



Volunteer

“ To the world you may be one person, but to one person you may be the world”

If you care about people, R.E.L.I.E.F. needs you to help fulfill the wish of an elderly individual to remain at home.

What is R.E.L.I.E.F?

*The R.E.L.I.E.F. (Respite for Elders Living in Everyday Families) program offers a short break to family members and loved ones providing constant care for a homebound elder. The R.E.L.I.E.F. program focuses on supporting caregivers for a much needed break during **weekend** and **evening** hours.*

HOW CAN I HELP? By becoming a R.E.L.I.E.F. volunteer, you can help your community by providing short-term companionship to elders in their home. You may enjoy playing cards, dominos, reading or just sharing stories about the good ol’ days. Volunteers may also receive a **stipend** to help offset out-of-pocket expenses.

CONTACT: Share the Care, Inc. 407-423-5311

www.helpforcaregivers.org

To-Do Today:
Make a Difference!

